

Contact our office for more details!
 info@coastalwomenswellness.com
 239-237-5529
 www.coastalwomenswellness.com



**COASTAL WOMEN'S
WELLNESS**

Weight & Wellness Management Program

Initial consult + first follow-up to develop individualized treatment plan: \$399*

*INCLUDES:

80 minute initial consultation

Comprehensive health and medication history review

State of the art Styku™ 3D body analyzer

Baseline lab ordering and review

Review prior diets, programs & treatment

Screening for medical co-morbidities

Review of physical activity history, habits and limitations

Informational handouts

Welcome swag bag!

2 week follow-up to review results and develop treatment plan

*Get tangible guidance
and structured
medication plans from a
dually board-certified
OB/GYN & Obesity
Medicine physician who
has unique knowledge of
women's health
combined with nutrition
and metabolic health*

Annual Membership

\$1100

INCLUDES:

- Monthly follow-ups x 11 (Telemed) – all visits still directly with the physician
 - 3, 6, 9, 12 month progress **3D body composition scans**
 - 12-month final eval, maintenance planning (In-person)
 - Ongoing nutrition and exercise advice tailored to you
- Portal access for easy scheduling, clarification, clinical support & view care plans/notes/labs etc.
 - Members-only online community and educational content
- All medication management, prior authorizations, ancillary testing order and review!

* Medication costs are separate and variable by insurance plan and pharmacy source

* Maintenance plans after first year – options for periodic medication surveillance visits alone vs re-enrollment in full membership

After initial consult:
Prompt Pay (10% off): ~~\$1100~~ \$990

After initial consult:
Monthly payments: \$100/month x 11 months

--	--